



WORKSHOPS FOR SCHOOLS

All the things you want for yourself, your children and your students, and all the things teens and pre-teens want for themselves, can begin immediately when they learn HOW to learn.



Kimberly Kassner, featured on national television shows for her dramatic results with troubled and underachieving teens, has successfully taught thousands of students and teachers how to improve their performance. She doesn't just tell them they can do it; she PROVES it to them on the spot. Her workshops are energetic, engaging and interactive.

Teachers and Administration:

EmpowerMind® One: This is the first level of EmpowerMind®. Teachers will experience lessons 1-5: learning through association, learning and memorizing in pictures, learning about right and left brain learners, understanding the conscious and subconscious mind i.e. how to maximize its effectiveness and getting into the "zone" while learning. This is taught in one school day.

EmpowerMind® Two: This is an advanced addition to EmpowerMind® One. Teachers will experience lessons 6-11: how attitudes and emotions affect learning, learning through different senses, whole-to-part and part-to-whole learning, timing, pacing and the environmental effects on learning, how to test effectively, and application of techniques. This is taught in *one school day.

EmpowerMind® Three: Spending a day in the teachers' classrooms. Showing them and their students how to teach and learn in ways that reach all learning styles. This supports both the students and the teachers.

**We open the last half to an interactive discussion dealing with specific situations teachers encounter in the classroom.*

Students:

EmpowerMind®- Choice One: Five days of three-hour sessions; each session spaced one week apart. Lessons one through eleven: learning through association, learning and memorizing in pictures, learning about right and left brain learners, understanding the conscious and subconscious mind and how to maximize its effectiveness, getting into the zone while learning, how attitudes and emotions affect learning, learning through different senses, whole to part and part to whole learning, timing, pacing and the environmental effects on learning and how to test effectively. (Limit 40 students with four teachers attending.)

EmpowerMind®- Choice Two: Three full days: Two school days of lessons 1-5 and 6-11, one week apart, with a follow-up day within two weeks of the second session. (Limit 40 with four teachers attending.)

EmpowerMind®- Choice Three: Two school days: EmpowerMind® program lessons 1-5 and 6-11 taught one week apart. (Limit 40 with four teachers attending.)

Additional Options:

- Follow-up days for EmpowerMind® graduates with additional practical applications and more advanced levels of learning. (Limit 100 students.)
- Students and teachers together participating as equals. One day session (lessons 1-5) or two day session (lessons 1-11). (Limit 60 total participants.) Or, a combination that works best for your school!

Please contact us with any requests or questions. Kimberly will personally respond to each and every inquiry. You may also contact us by telephone. We hope to see at a workshop soon!

EmpowerMind©

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